

CURRICULUM VITAE

Vinay R. Shankar, B.Sc. (Research)

Graduate Teaching Assistant, Department of Biology
University of Florida College of Liberal Arts and Sciences

Date 10 October 2023

Contact Information

Business Address: Department of Biology
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Foreign Languages: Hindi (Fluent), Kannada (Fluent)

Education

2017-2021	B.Sc. (Research) – Computer Science (Cloud Computing & Big Data), Reva University, Bangalore, Karnataka, India
2022-2023	Graduate Certificate – Integrative Strength and Conditioning Sciences, Department of Applied Physiology and Kinesiology, College of Health and Human Performance, University of Florida, Gainesville, Florida
2022-2024	M.S. – Applied Physiology and Kinesiology, Department of Applied Physiology and Kinesiology, College of Health and Human Performance, University of Florida, Gainesville, Florida

Post Graduate Education and Training

2023	Internship, University Athletic Association, Gainesville, Florida
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Certifications

2020	200 Hours Multi-Style Yoga Teacher Training, Yoga Alliance
2021	Certified Personal Trainer, ACE
2021	Certified Personal Trainer, NETA
2021	CPR AED and First Aid Instructor, ECSI
2022	Certified Group Exercise Instructor, NETA
2022	Basic Life Support, AHA
2023	Tactical Strength and Conditioning Facilitator, NSCA

Employment History

Academic Appointments

2023-present Graduate Teaching Assistant, Department of Biology, College of Liberal Arts and Sciences, University of Florida

Other Employment

2012-present Developer, Freelance

2015-2018 International Business Development Manager, Toolcraft Systems Pvt. Ltd., Bangalore, India

2018-2021 Group Fitness Program Head, FitStop Fitness, Bangalore, India

2018-2022 Managing Partner, M/s The FitClub, Bangalore, India

2020-present Managing Partner and Director, TFA Fitness Education & Research LLP, Bangalore, India

2023-present Group Fitness Instructor, Department of Recreational Sports, Division of Student Life, University of Florida

Professional Society Membership

2022-present Professional member, National Strength and Conditioning Association

2022-present Student member, American College of Sports Medicine

Honors And Awards

2022 Diversity, Equity, and Inclusion Student & Professional Development Scholarship, National Strength and Conditioning Association

2023 James A. Bryan III Student Development Grant, Department of Recreational Sports, Division of Student Life, University of Florida

2023 Certificate of Outstanding Merit, International Student Achievement Awards, University of Florida International Center

Service

Institutional Service

2022-2023 Member, APK IDEA Committee, Department of Applied Physiology and Kinesiology, College of Health and Human Performance, University of Florida

2023-present Member, APK Cultural Committee, Department of Applied Physiology and Kinesiology, College of Health and Human Performance, University of Florida

Teaching Service

Undergraduate Student Teaching

2023-present BSC 2010L: Integrated Principles of Biological Sciences I Lab
Graduate Teaching Assistant

Spring 2023 Faculty Supervisor: Dr. Kent Vliet, Ph.D.

Spring 2023 FTE: 0.5 FTE

Instructor Mean Evaluation: 4.89/5

Fall 2023 Faculty Supervisor: Dr. Marcus Zocan, Ph.D.,

Fall 2023 FTE: 0.35 FTE

Spring 2024 Faculty Supervisor: Dr. Marcus Zocan, Ph.D.,

Spring 2024 FTE: 0.5 FTE

Publications

Books

1. **Shankar, Vinay R.** *Essentials of Fitness Instruction*. First ed., TFA Fitness Education & Research LLP, 2022.
2. **Shankar, Vinay R.** *Suspension Training Specialist Manual and Workbook*. First Ed. TFA Fitness Education & Research LLP, 2022.